

SATURDAY

Vietnamese Veterans Association: meetings to discuss various issues. 9am—12pm

Ph. Dinh 0469 340 176

Playgroup: 10.00 am—12.00 pm \$3 (starts soon)

Pop-Up Coffee Van Carpark Market

Random Acts of Coffee. Free coffee plus, bread, kids activities, good conversation.

10am—12pm in the centre's carpark.

Ph. Vicki 0431 778 548.

JP service—10.00-12.00. Get documents cited and signed. Free

Zumba for Women & Kids: 10.30am—11.30am. \$3/class. Ph: 8341 1334.

Music in Motion: a gentle workout using different dance/exercise movements. For people with a disability/limited movement. 11.30am—12.30 pm. \$5/person (it not an HCO client)

Ph: 8341 1334.

Badenya African Women's Support Group: discuss issues of concern. 6pm—11pm alternate weeks). Ph: Kadiatu 0401 629 843.

SUNDAY

Church of Christ: 10.00am—12.00pm

Join the service. Ph: Emmanuel 0423 871 633.

Church of God Mission International Aust.

10.00 am—12.00 pm.

Ph. Jimmy 0478 094 503

Pastor Mercy Joseph 0466 936 039

Disciples of Christ: 2.30—4.30 pm

Ph: Pastor Gladys: 0432 168 474

GOT A NEW IDEA?

Tell us if you're interested in having a particular class or activity at the centre, and we'll do our best to accommodate your request.

MISSION STATEMENT

The Junction Community Centre aims to create a welcoming, responsive, inclusive and supportive environment, working with the community to help it meet the needs of individuals, families and community groups in the local area.

The Junction holds a Certificate Level ASES Award (Australian Service Excellence Standard).

We are a Child Safe Organisation.

EVERYONE from near or far are WELCOME.



- *Hall/Room hire is available on a regular or casual basis.*
- *Classes, activities and bookings may need to be cancelled or changed depending on the Government's COVID-19 rulings at the time.*
- *Most classes follow the SA state school term dates. Please check with the Group Facilitator.*
- *Community events and holiday activities are held regularly.*
- *Follow our Facebook page for more details!*
- *We also provide advocacy, referrals and some drop-in services.*
- *We're here if you just need to chat.*

ACKNOWLEDGEMENTS

The Junction is supported by the:

- *Dept of Human Services*
- *Dept of Industry and Skills*
- *City of Port Adelaide Enfield*
- *Reclink Australia*
- *Alberton Mission Fund*
- *Suzanne Elliot Charitable Trust*
- *Green Adelaide*
- *Various other funding bodies and partners*
- *A pool of great volunteers and wonderful locals*



The Junction Community Centre

Term 4, 2022

(October—December 2022)

2A May Terrace,

OTTOWAY SA 5013

Ph: 8341 1334

(PO BOX 34, ROSEWATER EAST, SA 5013)

Facebook: @thejunctioncc

www.junctioncommunity.org.au



COVID SAFE practice:- if COVID is in the local area we will continue to request COVID safe practices (even if government rulings have ceased) to protect our more vulnerable clients

MONDAY

At Work (Workforce/Disability) 9am—5 pm
We help people living with disability, injury or a health condition to find work.

Phone 1300 080 856

Beginner-Intermediate English: for adults wishing to develop their English as a second language. 10am—12pm. \$3/class.

Ph: 8341 1334.

1:1 English with Anthony Open to adults looking to build confidence with their reading and writing. Hourly appointments

10.00 am—12.00 pm. \$3/class

Advanced Belly dancing / Bollywood

(technique & practice): shimmer & shake. 10.30am—12pm. \$5/class. Sharon Ph. 0419 126 942.

Introduction to Hospitality: develop your cooking skills whilst making meals for the homeless/disadvantaged; plus practice safe storage, kitchen hygiene and serving skills. 10am—1pm. \$3/class. Ph: 8341 1334.

Haircuts by Mai—hair cuts for \$10.00. No appointment drop in. 10.30—12.30

Conversations of LIVED EXPERIENCES by members of LGBTIQ+ community—11.30 onwards

Drumming Circle—have fun using the drumming and work through stress - All welcome (free) 12.00 pm—1.00 pm

Golden Oldies Fitness classes: gentle chair based exercise for the over 60's.

1 pm —2 pm. \$3/ class. Ph: 8341 1334.

Maths /Physics Tutor for secondary students. By appointment 4.00—5.00 pm. Ph. 8341 1334. \$3/student/class.

Church of Christ: Bible Studies 6pm—7pm
Phone Emmanuel 0431 534 182.

Support for Fathers and carers —fortnightly 5.30—7.00 pm (**please ring 8440 2299 or email cfc@unitingsa.com.au for further information.

TUESDAY

At Work (Workforce/Disability) 9am—5 pm
We help people living with disability, injury or a health condition to find work.

Phone:- 1300 080 856

Basic Computing: Introduction to computing 10am—2pm \$5.00/class

Ph: 8341 1334

Community Circus (fire twirling, aerial, partner acrobatics and gymnastic training): 3.45—4.45 pm; or 4.45—5.45 pm 3-18yrs; 5.45—7.15 pm adults aerial and fitness. \$5/ per person – stay as long as you wish. Ph: 8341 1334

WEDNESDAY

At Work (Workforce/Disability) 9am—5 pm
We help people living with disability, injury or health condition to find work.

Phone 1300 080 856

Crochet, Knitting and Craft: Material/ haberdashery provided. 10am—12pm. \$3/class. Ph: 8341 1334.

Indoor Bowling: play as individuals or as a team. \$3/session. 10.00 am—11.00 pm
Ph: 8341 1334.

Physio Sessions - - 11.00 am—12.00 pm
Chair based exercises for elderly.

Coffee/Chat Sessions: have a coffee and enjoy the sunshine in our Alfresco area. 12.00—1.00pm. Free

Karaoke: no experience required. All ages and talents welcome. 1.00—3.00pm. \$3/session. Ph. 8341 1334.

THURSDAY

At Work (Workforce/Disability) 9am—5 pm
We help people living with disability, injury or a health condition to find work.

Phone: 1300 080 856

Sewing classes: learn how to make items from scratch or just do some mending. Material/ haberdashery provided. \$3/class

10 am—12 pm. Ph 8341 1334

Play Group: an interactive group for carers and their children. Bring a piece of fruit. 10.00 am—12.00 pm. \$3/child.

Women's Life skills to build confidence and learn new skills—10.00—12.00 pm \$3/class.

Zumba for Women: dance, exercise, sweat & have fun. Women only. 12.00—1.00pm. \$3/class. Ph: 8341 1334.

Advanced Computing: enjoy using Facebook, Twitter, Skype & more. Use the centre's desktops or BYO laptop. 1—3pm. \$5/class.

Ph: 8341 1334.

Tai Chi: gentle exercise class using martial art techniques to improve energy flow.

2.15—3.15pm. \$5/class. Ph: 8341 1334

Family Support: by appt through KWY. Ph: 8377 7822.

Church of Christ: Bible Studies 6.00—7.00 pm.
Ph. Emmanuel 0431 534 182.

FRIDAY

1:1 Literacy Classes: build confidence and improve your literacy skills. For native English speakers. By appt. 9.30 am—2:30 pm. \$3/class. Ph: 8341 1334.

Art Group: join painters of all abilities - be inspired by each other. 10.00 am—1.00 pm. No class on the last Friday/month. \$5/class. BYO paint, brushes & canvas.

Art Therapy/ Drumming Workshops for people with disabilities: use drumming to de-stress/ have fun. 3.30—4.30 pm. \$5/ person (if not an HCO client). Ph. 8341 1334.

Community Lunch: last Friday of the month.

Hall hire for special occasions available on Friday, Saturday and Sunday evenings and Saturday afternoons (conditions apply)