# **MONDAY**

Advanced Belly dancing / Bollywood (technique & practice): 10.00 am - 11.30 am shimmer & shake. \$5/class. Ph: Sharon 0419 126 942.

\*Note: The instructor is away until late August Beginner-Intermediate English: 10.00 am -12.00 noon. For adults wishing to develop their English as a second language. Free creche available-join at any time

\$3/class. Ph: 8341 1334.

Introduction to Hospitality/Women's Life skills: 10.00 am - 1.00 pm. Develop your cooking skills whilst making meals for the homeless/disadvantaged: plus practice safe storage, kitchen hygiene and serving skills. \$3/class. Ph: 8341 1334.

Hairdresser: 2nd year apprentice. Fortnightly, by appointment. Hair must be clean. \$5 Donation. Ph: 8341 1334

Golden Oldies Fitness classes: 1.00 pm -2.00 pm. Gentle chair based exercise for the

over 60's, \$5/ class, Ph; 8341 1334

Congolese Church of Christ: Bible Studies

6.00 pm - 7.00 pm

Ph: Emmanuel 0431 534 182

## **TUESDAY**

Basic Computing: 10.00 am - 12.00 noon. Introduction to computing.

\$5/class. Ph: 8341 1334

**1:1 Digital Literacy:** 12.30 pm - 2.30 pm

Personalise your mobile etc.

1 hr per student by appointment only.

\$5/person. Ph: 8341 1334 **Community Aerial Silks** 

Advanced Children's Session. 4.00 pm -5.00 pm - \*\*Assessment required\*\*

Beginner Children's Session: 5-16 vrs

5.00 pm - 6.00 pm. All welcome

Beginner Adults Session: 6.00 pm -

7.00 pm.

(All Community Aerial Silks: \$10 per ses-

sion. \$5 concession) Ph: Jennifer 0424 829 345

#### WEDNESDAY

Tai Chi: 10.00 am - 11.00 am. Chair based Tai Chi. Gentle exercise class using martial art techniques to improve energy flow.

\$5/class. Ph: 8341 1334

**Intergenerational Play Group-Happy Space** 10.00 am - 12.00 noon. Kids and parents can play, sing and do crafts. Join us in learning and sharing together. Phone 8341 1334

Craft & Create with Candice 10.00 am—12.00 noon Come and try a new craft each week. Please see flyer for Term 3 line up. All Welcome. Donation \$5

FREE NDIS support available - 10.00 am—- 12.00 noon

Help to apply, form filling, know your rights, review your goals, advocacy. \*\*By appointment. 1 hr sessions. Ph: 8341 1334.

Coffee/Chat Sessions: 12.00 noon - 1.00 pm Have a coffee, a chat and enjoy the sunshine in our Alfresco area. Free. Ph: 8341 1334

1:1 Digital Literacy 10.00 am - 3.00 pm.

Drop in, no appointment needed, 30 minutes per session. Personalise your mobile etc.

\$5/ session. Ph: 8341 1334

Karaoke: 11:30 am - 12:30pm. No experience required. All ages and talents welcome. Sing in

English or a different language. \$3/session. Ph. 8341 1334.

NEAMI Wellness Group 1.00 pm - 3.00 pm Talk, support and enjoy the activities and support Zumba: Dance, exercise, sweat & have fun.

6.30 pm - 7.30 pm. All Welcome.

Ph: Lynco 0406 191 987

Free child-minding service in creche on Mondays from 10.00 am - 12.00 noon (for those involved in ACE activities).

# **GOT A NEW IDEA?**

Tell us if you're interested in having a particular class or activity at the centre, and we'll do our best to accommodate your request.

### **THURSDAY**

Sewing classes: 10.00 am - 12.00 noon. Material/haberdashery provided. Please see flyer, or website for Term 3 Class schedule. Places limited. Booking essential, \$5/class. Ph 8341 1334 or email Candice@JunctionCommunity.org.au

Music In Motion: 11am—12 noon

A gentle workout using different dance/exercise movements. For people with a disability/limited movement. \$5/person Ph: 8341 1334.

**Zumba for Women:** 12.00 noon - 1.00pm.

Dance, exercise, sweat & have fun. Women only.

\$5/class. Ph: 8341 1334.

Advanced Computing: 1.00 pm - 3.00 pm. Enjoy using Facebook, Twitter, Skype & more. Use the centre's desktops or BYO laptop.

\$5/class. Ph: 8341 1334.

Tai Chi: 2.00 pm - 3.00 pm. Tai Chi. Gentle exercise class using martial art techniques to improve

energy flow. \$5/class. Ph: 8341 1334 Church of Christ: 6.00 pm - 7.00 pm. Join the Congolese Community for prayer

Ph: Emmanuel 0431 534 182.

# **FRIDAY**

1:1 Digital Literacy 10.00 am - 12.00 noon Personalise your mobile etc. 1 hour per student, by appointment only. \$5/session. Ph: 8341 1334.

1:1 Literacy Classes: For native English speakers. By appointment, 9.30 am - 2:30 pm. For those with learning difficulties or interrupted schooling to build confidence and improve literacy skills. 1 hr/per student. \$5/class. Ph: 8341 1334.

Art Group: 10.00 am - 12.00 pm. Join painters of all abilities - be inspired by each other.

No session on the last Friday/month. \$5/class. BYO paint, brushes & canvas.

Filipino Church of Christ: 6.00 pm - 8.00 pm Choir practice. Ph: Dennis 0432 873 262

Friday Night Vigils: 10.00 pm - 3.30 am

Mustard Seed Chapel-Pastor Theo 0415 795 402

Community Lunch: 12.30 pm - 2.30 pm, on last Friday of the month. Come together with other locals to enjoy a freshly cooked two course meal. \$7/person. Bookings essential 8341 1334.

# **SATURDAY**

**Vietnamese Veterans Association:** 9.00 am - 12.00 noon. Meetings to discuss various issues and socialise.

Ph: Dang-Thao 0432 933 957.

**Playgroup:** 9.30 am - 11.30am. Join us for singing, playing, sharing and learning. Free.

Seeds for Change: 10.00 am - 12.00 noon.
Plant propagation to Green Ottoway. We meet

fortnightly. Free for all. Ph: Belinda 0475 772 678

Intergenerational Zumba: 10.00 am - 11.00 am.

Bring the kids and dance together!

\$5/class. Ph: 8341 1334.

#### SUNDAY

Congolese Church of Christ: 10.00 am -

12.00 noon. Join the Congregation. Ph: Emmanuel 0423 871 633.

**Faith Church:** 12.30pm - 3.30 pm. Monthly Join the congregation from the Cook Islands.

Ph: Celia 0420 457 177

Hall hire for special occasions is available on Friday, Saturday and Sunday evenings, plus Saturday afternoons. (conditions apply)

#### MISSION STATEMENT

The Junction Community Centre aims to create a welcoming, responsive, inclusive and supportive environment, working with the community to help it meet the needs of individuals, families and community groups in the local area.

The Junction holds a Certificate Level ASES Award (Australian Service Excellence Standard).

We are a Child Safe Organisation.

**EVERYONE** from near or far is WELCOME.



- Hall/Room hire is available on a regular or casual basis.
- Most classes follow the SA state school term dates. Please check with the Group Facilitator.
- Community events are held regularly. follow our Facebook page for more details!
- We also provide advocacy, referrals and some drop-in services.
- We're here if you just need to chat.

#### **ACKNOWLEDGEMENTS**

Government

The Junction is supported by the:

- Dept of Human Services
- DHS Community Connections
- Dept of State Development
- City of Port Adelaide Enfield
- City of Fort Adelaide Elillen
- Alberton Mission Fund
- Suzanne Elliot Charitable Trust
- Office For Ageing Well
- Uniting Church in Australia-Synod of SA
- Uniting SA
- Various other funding bodies and partners
- A pool of great volunteers and wonderful locals



# The Junction Community Centre Inc

Term 3

July 2025—September 2025

2A May Terrace, OTTOWAY SA 5013

Ph: 8341 1334

(PO BOX 34, ROSEWATER EAST, SA 5013



facebook.com/thejunctioncc

www.junctioncommunity.org.au

